

TREATMENT DISCUSSION GUIDE:

Different Types of Cancer Treatments



Talking openly with your care team can help you make the right treatment choices. Think about printing this Treatment Discussion Guide and **bringing it with you to your next appointment.** If you have a caregiver, be sure to bring him or her with you to the appointment to help fill out the answers and ask any other questions you and your caregiver might have.

1 What kinds of treatments are available for my type and stage of cancer? **What are the common side effects as a result of these treatments?**

2 How might other health conditions I live with impact my treatment options? How will these affect my treatment plan and outcome? Would I benefit from a Comprehensive Geriatric Assessment?

3 Are there any new treatments for my type and stage of cancer?

4 Are there clinical trials that I am eligible for? How can I apply?

5 What complementary therapies or tips do you have to help cope with treatment side effects?

You will be better prepared to be your own advocate when you are familiar with your treatment options. Communicate and work with your care team to determine a plan that helps you **achieve your treatment goals**.