Article Series Mental Health All

“As We Age”: Information & resources for People 65+

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Living with cancer can feel overwhelming, especially as we age. Treatment approaches can change with time, becoming more complex as your condition evolves. It may be difficult to stay informed or ensure your opinions are heard when your doctors or health care team discusses a treatment plan.

But it’s important to know that you’re not alone—about 54% of cancers occur in people over the age of 65. There has also been significant progress in cancer care

over the years.

That’s why it’s important that, with the help of your caregivers and health care providers, you are making the right decisions for *you,* keeping in mind your own unique life situation. You should never feel like age is a limiting factor. This is why “As We Age” was created.

“As We Age” is a community that’s here to provide you and your caregivers with:

- Encouragement, such as inspirational features about older people who are navigating their own cancer journeys
- Education to help you better understand your diagnosis and treatment options
- Tools and resources, such as handy lists and practical tips to help you get the most out of your doctor visits

You deserve to know about the treatment options that are available. You deserve the best that life has to offer in the years to come. You deserve it now more than ever as you age.

Ultimately, the goal of this community is to inspire you to become your own best advocate in your cancer treatment journey. Check back for updates and new learning opportunities to help you make the most out of life while managing your disease.