

Ask the Doctor video: Shared decision-making

 **1 min** video

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Welcome to ZERO the End of Prostate Cancer's Ask the Doctor.

Funding and support provided by Pfizer Oncology.

Today's topic is about shared decision making.

Shared decision making is a process in which you and your healthcare provider decide the best plan of care based on your values and goals. Most importantly shared decision making helps you learn more about prostate cancer and the options available to you, including genetic testing, screening and treatment. Remember that many doctors don't routinely screen for prostate cancer, so initiating the discussion with your healthcare provider may be lifesaving. Recent clinical trials and other studies have indicated that all men, regardless of race, have improved outcomes if prostate cancer is detected early and treatment, if necessary, is delivered using evidence-based care.

Learn more about prostate cancer at zerocancer.org.

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