

## Cost of Care Resources

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### Cost of Care Resources

The cost of cancer care can be a burden, especially combined with the emotional strain of a cancer diagnosis. These financial challenges can be difficult to understand. Patients often only access financial resources near the end of their treatment rather than the start. It's never too late to learn, but getting the information earlier can help manage the financial impact of cancer. That is why we've gathered the useful resources listed below to help.\*



#### Emotional Distress and Stigma of Financial Hardship

The psychosocial stigma and distress of financial hardship can place a heavy emotional toll on patients. Here are some resources to help your patients cope with this burden:

- [Reducing Health Insurance Stress as a Caregiver](#) | [Patient Advocate Foundation](#)
- [Managing the Cost of Cancer Treatment](#) | [Fact Sheet: Health Insurance Worries](#) | [Coping With the Cost of Care](#) | [Cancer Support Community](#)
- [Coping with Cancer: Tools to Help You Live](#) | [Anxiety and Cancer](#) | [CancerCare](#)



#### Understanding Your Insurance

Understanding your health insurance can be difficult. So can choosing the best plan to meet your needs. The following resources can help you better understand your health insurance coverage and pick the plan that works for you:

- [Health Insurance](#) | [Triage Cancer](#)
- [Health Insurance for Cancer Patients](#) | [Cancer Support Community](#)
- [Education Resource Library](#) | [Engaging with Insurers: Appealing a Denial](#) | [Patient Advocate Foundation](#)

Resources Provided By:



\*These resources are from third-party organizations that operate independently from OHSU. OHSU is not responsible for the content. Patients should be reminded to seek the advice of their healthcare team on healthcare-related decisions.



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