

# Collaborating With Your Doctor on Your Prostate Cancer Care Plan

*Be open with your care team about what's important to you and be clear with your goals, including life plans and personal commitments.*

## Factors That May Impact Treatment Decisions Include:

- Your age and overall health, including any existing conditions that you may have.
- Disease-related symptoms.
- The stage and grade of your prostate cancer and whether you need to be treated right away.
- Test results, including genomic testing.
- Potential short-term and long-term side effects.

**Genomic testing** identifies the presence of genetic mutations in the cancer and may inform how your cancer will behave.

## Take a Proactive Role in Your Care

- Talk with close family members and friends about your options.
- Consider a second opinion to help confirm your approach.
- Ask your doctor which approach they feel is best for you and why.
- Ask your healthcare team for resources available to you, including financial help and emotional support, when making decisions.
- Visit advocacy group websites that have information about treatment options, to help you understand what's available.

**Remember**, there is no one-size-fits all approach, and what works for one person may not work for you.

Visit [PowerfulPatients.org/PC](https://PowerfulPatients.org/PC) for videos, office visit planners, resources, and more on advanced prostate cancer.

Learn more:



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