

Clinical trials (or research studies) are a type of medical research in which people **volunteer** to take part. Clinical trials commonly study how potential medicines and other medical treatments affect the participants. All medicines and vaccines that become available today for use in patients are first tested in clinical trials involving hundreds to thousands of people.

Race, ethnicity, age, and sex can all impact how different people respond to the same medicine or vaccine. This is why **diversity** among clinical trial participants is so important. The more diverse a group of clinical trial participants, the more we can learn about the safety and efficacy of a potential medicine or vaccine for people who have characteristics like those of the participants.

People are sometimes concerned that if they enroll in a clinical trial, they might receive a placebo (a pill/liquid that contains no medicine). Actually, placebos are rarely used in cancer clinical trials. When they are used, they are usually combined with the standard treatment you would receive if you weren't in the trial.¹

If you are considering participation in a clinical trial, you will be told whether it involves use of a placebo. Unless a particular cancer has no available treatment, you will always receive an active treatment in a cancer clinical trial.¹

Participating in a clinical trial may be an option for you but you should always ask your doctors where clinical trials might fit in the treatment of your disease. **The decision to join a clinical trial is personal, and it is yours.**

You might still have questions about clinical trials which is why we've gathered the useful resources listed below to help.

These resources are from third party organizations that operate independently from Pfizer. Pfizer is not responsible for the content. Patients should be reminded to seek the advice of their healthcare team on healthcare-related decisions. Resources provided by advocacy groups that are part of the Pfizer Oncology Patient Centricity (POPCE) workstream.



Understanding Clinical Trials

- What are <u>Clinical Trials</u>
 Are Cancer <u>Why is Diversity</u>
 The Importance of <u>Diversity in Clinical</u>
 Clinical Trials
 Right for You?
 Clinical Trials?
 Trials Booklet
 Community
- The Role of Clinical Trials in Your Cancer Treatment | CancerCare
- <u>Oncology Clinical Trials: Is It a Choice for You?</u> Academy of Oncology Nurse & Patient Navigators (AONN+)
- Stand Up To Cancer Resources Toolkit | Stand Up To Cancer

For More Information on Prostate Cancer Clinical Trial Resources:



Visit: <u>PHEN</u> Call: 617-481-4020 Email: <u>rapcancer@prostatehealthed.org</u>



Visit: ZERO Call: 202-463-9455 Email: info@zerocancer.org



How Clinical Trials Work

- Clinical Trial
 Clinical Trials:
 A Story of Hope
- In Their Own Words: <u>Clinical Trials</u>

Cancer Support Community

- <u>Clinical Trials: Improving</u>
 <u>the Care of People</u>
 <u>Living with Cancer</u>
- <u>Clinical Trials: How</u> <u>They Transform the</u> <u>Treatment of Cancer</u>

Clinical Trials:

What You Need

to Know

CancerCare

Steps to Participate in a Clinical Trial

- What are the Special Supportive Services that Patients Enrolled in Clinical Trials Need?
 Advanced Practitioner Society for Hematology and Oncology (APSHO)
- <u>Clinical Trial Resources</u> | CancerCare
- <u>Peer Clinical Trials</u>
 <u>Support Program</u>
 <u>Cancer Support Helpline:</u> 1-888-793-9355

Cancer Support Community



Clinical Trials and Caregivers

<u>Clinical Trials</u>
 <u>Photo Narrative</u>

Cancer Support Community



Finding a Clinical Trial

- <u>Clinical Trials Rally</u> | Prostate Health Education Network (PHEN)
- Find a Clinical Trial | ZERO

For More Information on Clinical Trial Resources:













PP-UNP-USA-2521

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