

What Questions Should You Consider Asking Your Prostate Cancer Care Team?

Your Diagnosis

- How much experience does your doctor have in treating prostate cancer patients? Consider a second opinion, if appropriate.
- What stage and grade is your prostate cancer?
- Are there additional tests that you should undergo?
- What educational resources are recommended?

Stage I: Cancer is confined to the prostate.

Stage II: Cancer is only in the prostate, but may have a chance of growing or spreading.

Stage III: Cancer has spread to areas close to the prostate and may be considered locally advanced.

Stage IV: Cancer has spread beyond the prostate and is considered advanced prostate cancer.

Understand Your Treatment Plan

- Does your diagnosis require immediate treatment? Or will you be monitored for any changes?
- Establish the goals of your treatment plan: Is the goal to try to cure the cancer or to manage the disease symptoms?
- Understand what treatment options are available to you and which approach is recommended for YOUR disease
- Ask if there is a clinical trial that could be right for you.
- Understand what your options are if the initial treatment is not effective or if your disease progresses.

Impact on Your Lifestyle

- Ask how each approach could impact your daily life, including your sex life.
- Inquire about how treatment may impact fertility and if you should speak with a fertility specialist.
- Ask about the financial implications of each approach. A financial navigator, on-staff at many institutions, can help identify resources and support.

Visit powerfulpatients.org/PC for office scripts, resource guides and more.

Learn more:



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