CAREGIVER TIPS:

How to Help Your Loved One Understand Their Treatment

Your loved one might be overwhelmed with information. As much as your loved one is able to, encourage him or her to be an active participant in his or her cancer care. To assist, you could review and repeat the information discussed after an appointment to give your loved one more time to process. To get your loved one involved and assess his or her understanding of the diagnosis and treatment, you can ask questions such as:



What kind of cancer do you have?

2

What are you hoping to achieve with treatment?

3

What are the available treatment options?



4	How can each treatment option help you achieve your goal?
5	What are the benefits and risks of these treatments?
6	In what way will you be receiving your treatment? How often and where?
7	How long will you be on treatment? What are the possible side effects of treatment?

